

# Ruth's "Little Black Book"

In World Famous Palm Beach

3rd edition

☞ *Color!* Also upstairs at 150 WORTH AVENUE, check in with Christine, coloriste extraordinaire, at **SPA ESSENTIALS SALON**. Weddings are them! They offer wedding services-to-go seven days a week, excellent color and cuts, Jacuzzi pedicures and Thai massages. Call 561-833-1772.

☞ *Forever Young!* **DR. KENNETH BEER** gets our vote for top cosmeceutical skin care. If you aspire to perfection, he is the doctor on call, as he does too. An instructor at the University of Miami, his book, "Palm Beach Perfect Skin", is an excellent introduction to his practice which is located nearby on 1500 North Dixie Highway. Call 561-655-9055.

☞ The new "Sapphire 3" Treatment uses waves of light to restore and tighten skin. This and a wide variety of other rejuvenating products and techniques perfected by Dr. Kenneth Beer are available at **SPA CARA** on 283 Royal Poinciana Way. Call 561-868-7010.

## Secret Snoops

☞ Hey, you never know... Residents in Palm Beach throw away what everyone else on earth yearns to own which is why almost nobody ever leaves town without a pop-in to **THE CHURCH MOUSE** 378 South County Road,



for second-time-around designer clothes, shoes, bags, odd pieces of furniture and knick knacks — what they dub "nameless treasures." [Note: Closed all summer.]

☞ A bit farther afield, you'll need a ride to zip over to Via Testa (which is also 219 Royal Poinciana Way) to plow through a plethora of Chanel at **DÉJÀ VU**. Some gently worn and some never worn, it's also fun to rummage through their copious quantities of big straw hats, feather boas in hot colors, new costume jewelry and banks of long "Palm Beach pearls."



☞ Across the Via, visit **TANYA PIERCE**, a lovely, elegant blonde who resells precious old porcelains, crystal and clever new bostess gifts.

### AWAY DOWN SOUTH ON DIXIE!

South Dixie Highway is Antique Row and the blocks are clobbered with both treasures and trash.

☞ Pop-into highlights **MALEKAN'S** bright pink bouse at 3635 South Dixie Highway beckons even from across the street. Yossi, the irrepressible owner, stocks antiques with Middle Eastern flair. Moroccan banging lamps, colorful suzani