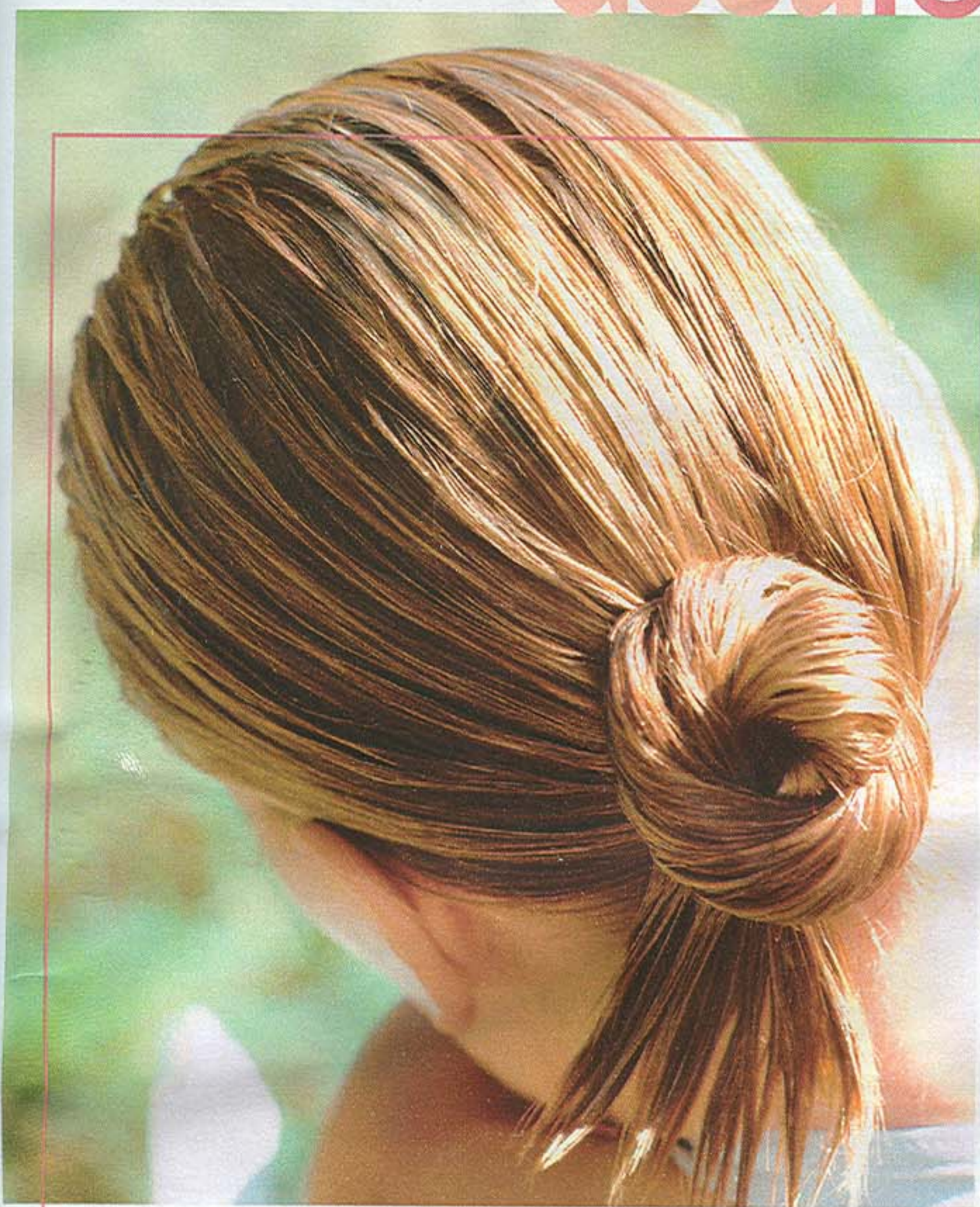


Goodlooks



No-heat styling

Don't spend summer's dog days in a humid bathroom with the blow dryer on full blast. Your hair is suffering from sun exposure, so the less additional heat you apply, the better. The simplest solution: Make do with fewer washes and blow-dry sessions. To do that and still look great, try these tricks from Hollywood stylist Chaz Dean:

FAKE FRESHLY WASHED LOCKS Sprinkle roots with loose translucent face powder to absorb oil.

RESHAPE DRY HAIR Rub hands together (the friction will create heat), then massage your scalp to freshen up bed head and reduce any cowlicks.

VOLUMIZE OVERNIGHT Sleep with long hair pulled into a high ponytail (use a scrunchie). In the a.m., remove the band—hair should be full, not flat.

SET WHEN WET When you do wash, lift damp strands at the roots and pin them away from your face. Allow hair to dry completely; finger-style.

The yummiest body moisturizers

Coconut oil has a wonderful scent—and is also an effective skin treatment. "It's rich in vitamin E, fatty acids, and proteins that help hydrate skin," says Kenneth Beer, M.D., a

Florida-based dermatologist and the author of *Palm Beach Perfect Skin*. **Great**

sources: Laura Mercier Almond Coconut Milk Scrub, Burt's Bees Coconut Foot Creme, and Carol's Daughter The Goddess Body Oil. **Or try Dr. Beer's DIY body-**

buffing mix: Combine $\frac{1}{2}$ cup each of coconut milk, honey, and uncooked oatmeal. Use a washcloth to smooth the mixture over your body, then rinse.



Get a goof-proof glow

Wearing bronzer is a great way to fake a tan—here's how. For the most natural look, work from the outside in, advises San Francisco-based makeup artist Arianne Damboise. Using a large brush, lightly dust color around the perimeter of your face (at hairline, edges of cheeks, and jaw). Blend inward toward your cheekbones and down the bridge of your nose, then finish with a touch of color on your browbones to add warmth there too. And stick with multicolored, rosy, or golden bronzers—they're more flattering than basic brown ones. **TO TRY:** Benefit Dallas (1), Vital Radiance Soft Dimension Powder Blush in Bronze Radiance (2), and Physicians Formula Pearls of Perfection Bronzer (3).

