

APRIL 2006

GOODHOUSEKEEPING.COM

Good Housekeeping

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**THE ONLY VITAMINS
YOU REALLY NEED**

A Survivor's Story

GEENA DAVIS

**BEST BARGAINS
FOR YOUR HOME**

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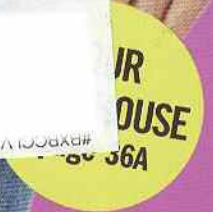
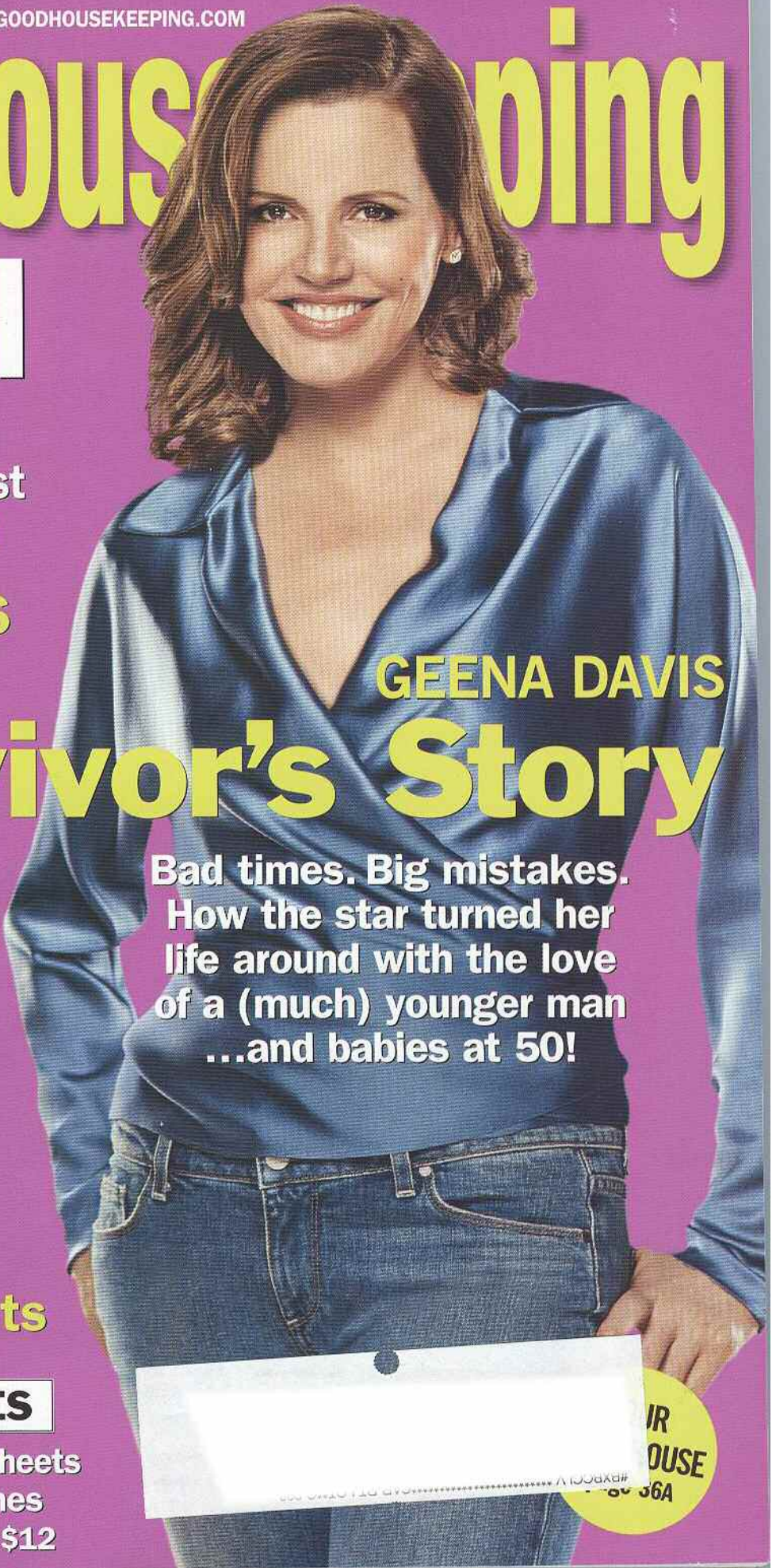
**Bad times. Big mistakes.
How the star turned her
life around with the love
of a (much) younger man
...and babies at 50!**

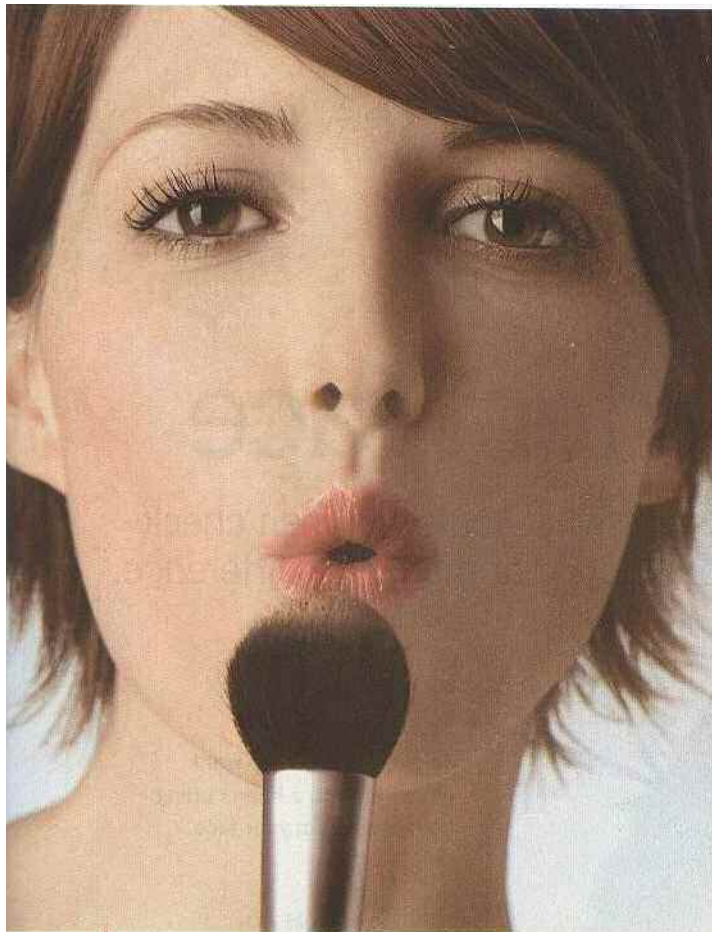
**How to Handle
RUDE RELATIVES**

**OUR 12 FAVORITE
Chocolate Desserts**

GH INSTITUTE RATES

Speedy hair dryers • Luxury sheets
Hybrid cars • Kids' cell phones
Baking pans • Wines under \$12





Goodlooks

Powder that's pure

Ever wonder why your eyeshadow, blush, and face powder go on so smoothly? They all contain “binding ingredients,” which make application easy—but can also irritate your skin if it’s sensitive or breakout prone. For those skin types, the fewer the ingredients, the better, says Kenneth Beer, M.D., a dermatologist based in Palm Beach, Florida. That’s where mineral makeup comes in. Made from all-natural elements (like zinc oxide and titanium dioxide), these products “sit on top of your skin without clogging pores,” says Dr. Beer. Check out new launches from Neutrogena, Physicians Formula, Bare Escentuals, and Colorescience. And when you apply, remember that with these strong pigments, a little goes a long way—use a brush to lightly buff colors onto your skin.

BIG NEWS! Flattery for over-50s

Keep an eye out for Vital Radiance, a brand-new cosmetics line from Revlon that debuts in stores this month. From foundation to lipstick, the 125 items were designed for women who are 50-plus. Translation: All the makeup is moisturizing, resists sinking into fine lines, and comes in shades that are ultrawearable. Our beauty team says the Smoothing Face Primer SPF 25 and Easy Blending Mousse Shadow are not to be missed. To try before you buy, call 800-723-4268 for samples.

Luxe skin care for less

BJ's Wholesale Club has partnered with the makers of luxury brands Perlier and Orlane to create a new line: Altaire Paris—high-quality cleansers, moisturizers, and treatments at great prices. Not ready to commit? The trial kit features generous doses of their five key products, all for \$12.99! To enter to win one of 50 sets, see page 208.



Shopping Details, page 202

Better hair—instantly

Spring may be in full swing, but is your hair still suffering from post-winter distress syndrome? For lackluster locks, here's a very quick fix: a new crop of in-shower treatments that take only three minutes to help revive your hair—no lengthy (pricey) salon processing necessary. So find your problem and get your remedy: **DRYNESS:** Try Dove Therapy Repairing Treatment, which restores moisture and protects against breakage. One GH beauty staffer found that it left her dry hair looking as silky as it would have if she'd used several styling aids and a blow dryer. **FADING COLOR:** Bring back shine and extend the life of your shade (for at least an extra month) with John Frieda Luminous Color Glaze. **FRIZZ:** GH Institute tests found Garnier Fructis Sleek & Shine Masque to be the best (out of five masks) at eliminating flyaways and increasing softness and manageability.



PHOTOGRAPHS: CLOCKWISE FROM TOP: BILL DIDAYTO, hair by Jacqueline Bush for ArtistsByTimothyPiano.com; makeup by Fanyela Korzeniak, GREGOR HALENDA; MARK PLATT, styling by Anita Salerno for RJ Bennett Representatives.