

**MEN & SEX**

## All New All Hot

Introducing the Awesome  
"S Stroke" and 6 Other  
Guy-Pleasuring Touches  
We've Never Printed Before

## 10 Cheap, Fun Date Ideas

Angelina Did It.  
So Did Lindsay...

What It's  
Like to  
Love a Girl

Everyday Things That Can  
Wreck Your Fertility

**2009  
Bedside  
Astrologer  
Booklet**

TONS OF JUICY PREDICTIONS  
JUST FOR YOU!



**Amanda  
Bynes**  
She's Not  
That Innocent

**HAVE AN  
ORGASM  
EVERY  
TIME**

(Cosmo Coaches You!)

How to Deal  
When Your Man  
Gets Moody

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# Beauty Q&A

Every month, we answer a bunch of your burning beauty questions.



By using a gel cream, you can balance tricky skin.

**Q** My skin is dry in some spots and oily in others! What's the best moisturizer?

**A** "You can solve both issues by using a gel cream all over," says New York dermatologist Sapna Westley. The texture is light, but it penetrates deeply to deliver moisture only where you need it. We like Clinique Moisture Surge Extended Thirst Relief Gel Creme, \$46.50, for day and night.



Nair for Men Body Cream, \$5.99

**Q** My guy's been getting hair in some unwanted places lately. Can he use my hair-removal cream?

**A** He could give it a shot, but it probably won't get rid of his coarser hair all that well. Give him one made for guys, such as the Nair cream above—it contains a higher concentration of calcium thioglycolate than the women's formula does, so it'll remove his stubborn patches in about eight minutes, says New York dermatologist Brad Katchen.



Clear up dark rings with the right cleanser.

**Q** Even after I remove my makeup, I have dark rings around my eyes. What can I do?

**A** You're probably not washing off all your mascara. "Go for an eye-makeup remover that contains equal parts of oil and water," advises derm Kenneth Beer, of Palm Beach, Florida. Choose a bottle that shows the two layers of oil and water separated—this way, you know there's an even ratio. Try Victoria's Secret Very Sexy Total Makeup Remover, \$10.

**Q** Is there any way to make my fragrance last longer?

**A** Fragrance evaporates faster on dry skin, so be sure your diet includes moisturizing omega-3 fatty acids. Or look for a scent that rereleases with surface changes (for example, when you rub your wrists together) so it lingers. Try Thierry Mugler's Angel body line.



Walnuts contain fats that help your skin hold on to scent.



Milla Jovovich

**Q** I have a widow's peak. Are there any hairstyles I can try to help hide it?

**A** Widow's peaks are just part of the shape of your hairline, explains Kattia Solano, owner of New York's Butterfly Studio salon. "Consider a soft style that comes across your forehead, camouflaging the point—think side-swept bangs or a long layer that hits around your ear level," she says. "Avoid center parts, which will only make it more obvious."

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